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[www.beacon-light.org](http://www.beacon-light.org)



**BEACON LIGHT**  
BEHAVIORAL HEALTH SYSTEM

# *Transitional Living Program*



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## What is the Transitional Living Program?

Beacon Light Behavioral Health System's Transitional Living Program (TLP) is operated as part of Children's Center for Treatment & Education services. The four-bed unit is a temporary residence for youth 16-20 years of age who are dually diagnosed with intellectual and developmental disabilities, have behavioral health needs, and are in the care of a Children & Youth Agency, but are able to live in a semi-independent living environment. The TLP is designed to provide opportunities to move towards independent living.

Beacon Light's TLP is a safe and healthy living environment to foster growth and promote change. Each care plan will be tailored to the specific strengths and needs of the individual participant with support from a team of highly-skilled Trauma Informed Care professionals.

The TLP offers or refers Independent Living topics such as:

- Financial Literacy
- Education & Employment Opportunities
- Driver Training
- Civic Responsibilities
- Physical & Mental Health Care
- Life Skills
- Dietary Management
- Promoting Drug & Alcohol Recovery
- Managing Medications
- Fostering Self-advocacy & more.

## Admission Criteria

Beacon Light's TLP will consider placement of a young person that meets the following criteria, only:

- Must have a full-scale IQ of 50 or above
- Must be of school-age and be capable of functioning at our Custer City Private School or public school in the Bradford Area School District
- Must be free of acute medical conditions and be self-preserving
- Must have the approval of Children & Youth for placement
- Must have an identified discharge resource such as a waiver facility, group home setting, or independent community arrangement
- Must complete a preliminary training program and demonstrate competency in the following areas:
  - Health, general safety and fire safety.
  - Basic money management.
  - Basic transportation skills.

TLP staff will provide education to individuals, their families, and/or other discharge resources to improve the individual's transition and successful outcomes.

## Family Involvement

Involvement with the family begins prior to the time of admission of the individual. The family is asked to be present at intake, if available, and will be invited to every Individual Service Plans (ISP) meeting that occurs through the stay. Regular visitation with family and natural community supports are encouraged throughout their stay at the program. These visits will occur via phone calls/texts, here or off grounds/home visitation in accordance to the Parent/Child safety plans developed with the individual and family, while also adhering to any stipulations outlined in court orders.

## ABOUT BEACON LIGHT

Beacon Light Behavioral Health System was founded in the early 1900's to provide services to children abandoned or orphaned by the early oil and lumber industries. Throughout its history, the agency has provided quality care to young people. As the needs of our society changed, Beacon Light Behavioral Health System evolved into a private, not-for-profit social service agency providing quality, professional behavioral health and educational services.

Beacon Light Behavioral Health System's continuum of care includes multiple programs of varying intensity across a broad geographic region. Regardless of the location and type of service accessed, qualified mental health treatment professionals provide individualized treatment planning and care.

## Discharge Criteria

Four types of discharge policies:

- Planned Discharge
- Unplanned Discharge
- Court Discharge
- Voluntary Withdrawal

After the individual has completed treatment goals and has successfully demonstrated appropriate supports and those supports are in place, the Independent Living Coordinator will prepare a discharge summary within 15 days of the discharge date and provide a copy to the placing agency. Follow-up contact will be made within one week of the client's move.

## Referrals

The initial request for placement must be made in writing to the Independent Living Coordinator including the completion of an Admission Criteria Checklist.

**FOR MORE DETAILS & TO MAKE A REFERRAL, PLEASE CALL 814-817-1400 ext. 1281 or FAX 814-230-0159.**

