

STRIDE - West
First Street Facility
800 East Main Street
Bradford, PA 16701
Phone: 814-817-1316
Fax: 814-817-1308

STRIDE - East
100 Robert Gabriel Drive
Ulster, PA 18850
Phone: 570-265-9872
Toll-free 1-866-375-3967

STRIDE - Southwest
1214 Freeport Road
Kittanning, PA 16201
Phone: 724-954-3318
Fax: 724-954-3404



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BEHAVIORAL HEALTH SYSTEM

1-800-345-1780
www.beacon-light.org

STRIDE



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BEHAVIORAL HEALTH SYSTEM

The STRIDE Residential Program consists of three locations. Bradford and Kittanning each has 8-bed units while Ulster has a 6-bed unit; all with single bedrooms. The capacity of the program is designed to meet the needs of both males and females. The STRIDE program supports the recovery and Every Day Lives principles of the clients served by keeping the youth close to their home communities where family engagement and community inclusion is deemed critical for success. Clinical interventions are designed to emphasize developmentally appropriate experiences utilizing Applied Behavioral Analysis and current research and theory along with formal supports of the mental health systems. The philosophy is to focus on client self-determination and allow the individual and his/her family resources to drive the process.

The agency will consider for treatment only the young person who meets the following criteria:

- Must have a co-occurring psychiatric mental health diagnosis and intellectual developmental disability.
- Must have a serious functional impairment and is not able to maintain living in preferred environment due to psychiatric condition or intellectual developmental disability requiring interventions in a 24-hour care setting.
- Must be between the ages of 10-18 years of age.
- Must have a Individualized Education Plan
- Must have demonstrated maladaptive interpersonal behavior, which significantly impairs his/her functioning within the family or among peers.
- Must be free of medical conditions that would require medical care not available at facility.
- Must have the approval of Children and Youth, Juvenile Probation, County Mental Health Administration, guardians for placement and authorization from Community Care Behavioral Health.
- Must have identified discharge resources that are willing to participate in the Treatment Process on a regular basis.

The initial referral for placement is made by telephone or application and is submitted to the Intake Coordinator or Treatment Director for the STRIDE Program. The following information is deemed essential from referral sources prior to placement:

- A descriptive summary of presenting symptoms, conditions, stressors
- Current treatment provider/case manager/treatment team if one exists
- Current diagnosis
- Current medications
- History/current chemical/substance abuse assessment
- Current assessment for risk of harm
- Current functional assessment
- Current medical status
- Disposition plan
- Treatment history
- Physical examination/laboratory work if available
- Living situation and support system
- Information about past abusive behaviors towards self or others
- Forensic history, if any
- The child's legal status
- Family background
- Medical history
- Educational records

Referrals Contact:
814-817-1400 ext. 1281
Fax #814-230-0159



Specialized Therapeutic Residence for
Intellectual and Developmental Empowerment

