



# Short-Term Adolescent Recovery

STAR Program:  
800 East Main Street  
Bradford, PA



**BEACON LIGHT**  
BEHAVIORAL HEALTH SYSTEM

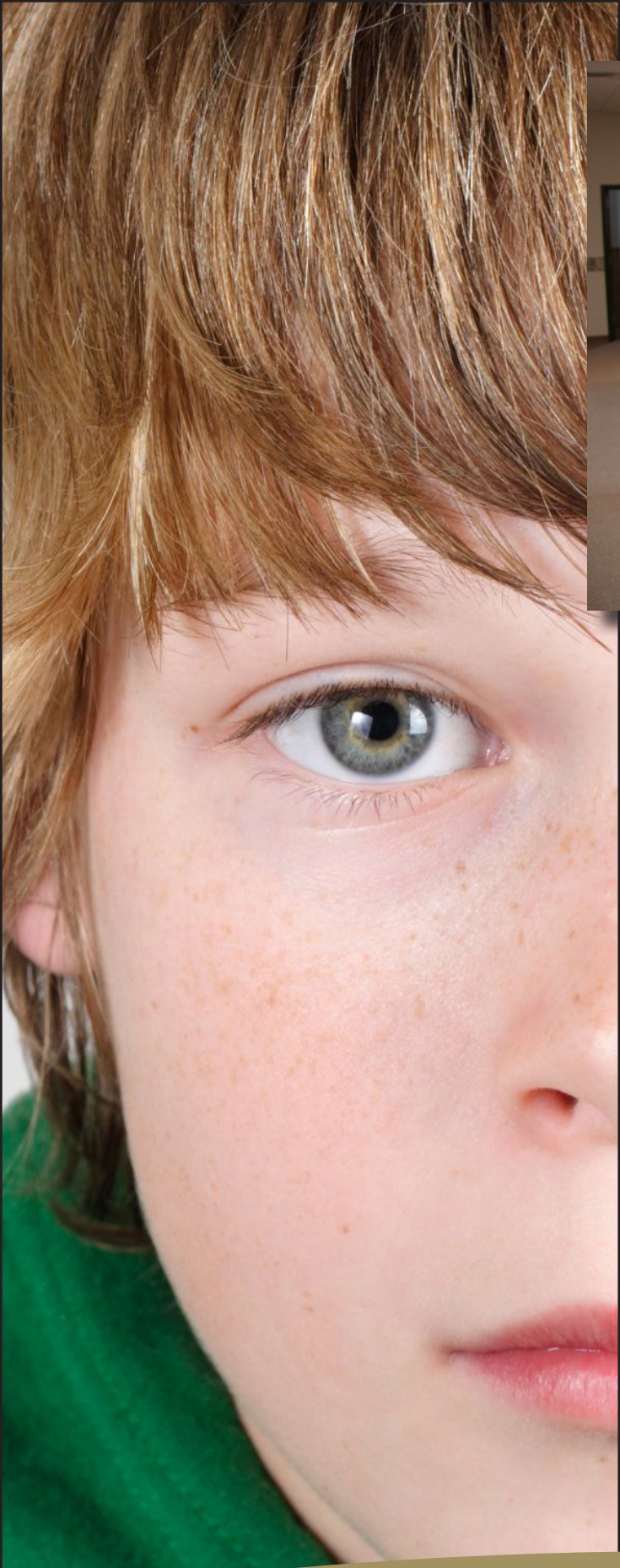
1-800-345-1780  
[www.beacon-light.org](http://www.beacon-light.org)



**BEACON LIGHT**  
BEHAVIORAL HEALTH SYSTEM



SHORT  
TERM  
ADOLESCENT  
RECOVERY



Beacon Light Behavioral Health System provides a unique program in residential treatment. Known as the STAR Program, this Short-Term Adolescent Recovery service meets the immediate needs of youth who are in crisis. It provides intense clinical services during the child's stay, providing a successful transition to a lower level of care.

Highlights of the program include:

- 10 bed unit - all single rooms
- Ages 7 to 18, male or female
- Length of stay of 30-90 days
- Weekly or twice weekly psychiatrist consultation
- Daily treatment groups
- Daily contact with therapists
- Weekly family sessions
- Structured environment

Clinical interventions are designed to emphasize developmentally appropriate experiences utilizing formal supports of mental health systems, but more importantly, the informal supports from family members, community, and those closest to the family.

Clients are given the opportunity to utilize more internal controls over their behaviors by lessening some of the external controls. They have the ability to gain more responsibility and privileges within the program. The focus of treatment remains family reunification and close contact with existing support systems.

### REFERRAL PROCESS

The initial request for placement is made by telephone or mail to the Star Program Director. The following will be obtained in writing from the placing agency prior to placement:

1. A descriptive summary of circumstances that makes placement necessary.
2. The child's legal status.
3. When available, family background, medical history and educational records.
4. Most recent psychological or psychiatric evaluation.
5. Demographic information.
6. Discharge resource.

### STAR INTAKE CRITERIA

Beacon Light will consider for treatment young persons who meet the following criteria:

- Must have a psychiatric mental health diagnosis
- Must have IQ of 50 or above
- Capable of functioning in an on-site classroom
- Demonstrated maladaptive interpersonal behavior which impairs functioning within family or among peers
- Free of medical conditions requiring care not available at our facility
- Approval of Children and Youth, Juvenile Probation, County Mental Health Administration, guardian, and Managed Care authorization.