McKean County 945 South Avenue Custer City, PA 16725 Phone: 814-817-1400 Fax: 814-368-5479



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### **Admission Criteria**

Intensive Behavioral Health Services (IBHS)- Individual Services are for young people under the age of 21 who have a mental health diagnosis, qualify for medical assistance, or fee for service funding, and meet medical necessity criteria for this level of service. A Written Order requesting IBHS-Individual Services is required prior to the initiation of services.

#### What Is IBHS?

IBHS-Individual Services support children, youth, and young adults with mental, emotional, and behavioral health needs. IBHS offers services that meet the needs of these individuals within their homes, schools, and communities. IBHS is a timelimited, one-on-one program designed to transfer therapeutic skills to our clients, their families, teachers, and other caregivers. Common behaviors the IBHS program addresses include: oppositional defiance, coping skills, difficult family interactions, socialization skills, and attention-deficit. Unique to the program is the flexibility to meet the child and family's needs within all domains, allowing for services to take place where and when it is most beneficial for the client. You and your child are active members of the treatment team and are involved in every step of treatment. There is constant collaboration to ensure treatment is headed in the right direction. We utilize Treatment Team Meetings to bring the entire team together so that we continually monitor the appropriateness of services within the framework of an active Individual Treatment Plan (ITP).

## **Mental Health Counseling**

Provides individual and family counseling to the identified client. If on-going individual counseling for a family member is necessary an appropriate referral will be made.

### **Behavioral Consultation**

Assists the family, education providers, and other systems in understanding and implementing various behavioral techniques that will help and support a child with complex behavioral needs.

## Case Management

Empowers families to advocate for their child and access other available community resources.

## **Use of Community Resources**

Assists the client and family to identify, access, and learn to use resources within their home community.

## Payment For Services/Authorizations

Authorizations for IBHS-Individual Services are good for one year, with an active Written Order prescribing these services. On-going treatment planning allows for consistent monitoring of services to ensure the child and family's success. While there is no predetermined length of stay for IBHS, the program is designed to implement positive reform within the client and his/her family as soon as therapeutically possible.

### Referrals

Please contact:

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# **ABOUT BEACON LIGHT**

Beacon Light Behavioral Health System was founded in the early 1900's to provide services to children abandoned or orphaned by the early oil and lumber industries. Throughout its history, the agency has provided quality care to young people. As the needs of our society changed, Beacon Light Behavioral Health System evolved into a private, not-for-profit social service agency providing quality, professional behavioral health and educational services.

Beacon Light Behavioral Health System's continuum of care includes multiple programs of varying intensity across a broad geographic region. Regardless of the location and type of service accessed, qualified mental health treatment professionals provide individualized treatment planning and care.



The Case Manager will assist you through the referral process and provide assistance in scheduling a Written Order to determine eligibility.